



UTAH
Safety™
COUNCIL

Safety Notes

April 2021

Volume 68

5th Annual Utah Safety Conference

by John Wojciechowski, President

The 5th annual Utah Safety Conference and Expo was presented in a virtual format on March 16th & 17th. In total, there were **4 keynote presentations** and **12 breakout sessions**. The virtual platform allowed us to cast a bigger net when it came to recruiting presenters, so we were able to hear from safety and industry leaders who normally may not be able to present in-person or make the trip to Utah. For example, we were treated to insights from the **CEO of the National Safety Council** and leadership lessons from the **base commander at Hill Air Force Base**. All the presentations were amazing, covering topics ranging from safety in the healthcare and refinery industries, AED's in the workplace, mental health, disaster preparedness, OSHA & MSHA compliance and COVID-19 workplace vaccinations. We were even treated to the 'art of storytelling' and using it as a tool to elicit culture changes in our organizations.

Every year the conference draws Utah's largest and most diversified group of safety professionals in the state. This was true of conference attendees in 2021 with representation from **government, transportation, construction, manufacturing, healthcare, education, mining, and oil & gas**. With the pandemic and the virtual format, we anticipated attendee registration to decline compared to years past, but we are proud and honored to have hosted **250 of our safety colleagues throughout the state**. If you attended this year's conference, thank you for your trust in us and our ability to deliver Utah's largest safety conference.

It was challenging finding companies to exhibit in the 'virtual' expo this year. The whole Utah Safety Council team hustled and found 40 companies willing to give it a shot. In addition to having access to the entire conference, each exhibitor company had a live 'Zoom Room' to connect with attendees to compliment the videos, files, and any other information about their companies they wanted to share. We thank them for their support and trust they found great value in participating in the conference this year. **We cannot wait to have you all back in 2022!**

I also want to take the opportunity to extend our gratitude and say **'Thank You' to the conference sponsors**. We are very fortunate to have the kind of support we do from the great companies and organizations who step-up every year and help us produce the Utah Safety Conference. Without their financial support, we would not be able to live up to our mission statement and do what we do - Thank You!

With all the challenges the pandemic has launched at us this past year, I am very proud of the work the Utah Safety Council team has been able to accomplish. After all the adversity, we are still here, relevant, and more committed to saving lives. We look forward to the upcoming year and look forward to the opportunity to seeing you all in person again. **Thank you all for the support, together we are doing work that matters.**



MEMBERSHIP MINUTE

by Lisa Christofferson, Membership Manager

Annual Awards - Dates to Remember

The Utah Safety Council's awards program helps you recognize and build upon the success of your organization's safety program. Safety success deserves to be recognized. Whether you're honoring marked improvement or consistent safety excellence, the Utah Safety Council would like to honor your achievements.

Applications are being accepted through June 30, 2021 and will be announced at the Annual Meeting & Safety Awards Presentation on August 13, 2021.

Please be aware that the Occupational Seat Belt Award requires results of two unannounced observational surveys conducted at least 30 days apart, so plan these surveys now to ensure enough time is allotted to meet eligibility requirements for this award.

Members will be updated and more information provided as we plan the event. In the interim, award applications and more information can be found on our website at utahsafetycouncil.org. Select Membership - Safety Award Applications. To request applications directly, email: safety@utahsafetycouncil.org. For questions, call 801.746.7233, ext. 302.



LOCAL CHAPTER

UTAHSAFETYCOUNCIL.ORG
801.746.SAFE (7233)

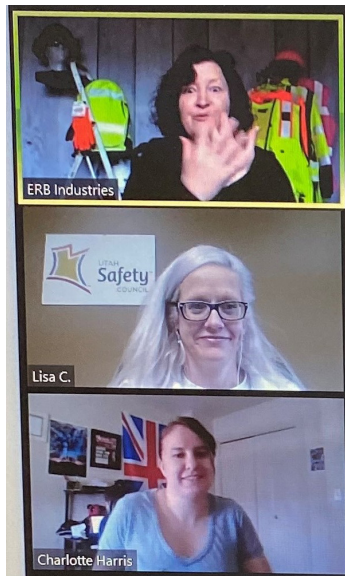
In This Issue

- Membership Minute
- 5th Annual Utah Safety Conference and Expo
- Thank You to Our Conference Exhibitors
- Thank You to Our Event Sponsors
- Women in Safety Game Changer Challenge
- Encore Presentation
- Conference Highlights
- Upcoming Training Courses

Membership Benefits

- Streaming Safety Videos
- Safety Media Library
- Members Only Website
- NETS Membership
- OSHA 10-Hour Training
- First Aid, CPR and AED for Business Course
- Member Appreciation Events
- Start With Safety Webinars
- Discounts on Occupational Safety Training
- Health & Safety Fair Participation
- Family Safety & Health Magazine
- Monthly Publications and Email Updates
- Membership Recognition on Website
- Exclusive Discounts on Safety Products
- Safety Consulting
- Safety Management Systems for Business Course

Thank You to Our Conference Exhibitors



A pleasant surprise for the attendees was how engaging the Exhibitor Booths were. We dedicated two hours each day for attendees to meet with exhibitors and enjoy learning about some of the latest safety products and services. Exhibitors displayed flyers, videos and links, and attendees could also join a virtual meeting to talk to company representatives. There were Live Q & A sessions, Lunch & Learn sessions, drawings, sales and prizes.

A highlight during this time was our **Stretch & Flex** event at the Virtual Utah Safety Council booth. We took five minutes each day, to take care of our bodies and remind ourselves of good ergonomic practices while we were led through stretches by **Chavalah Brothers from O.C. Tanner**. Team Stretch

and Team Flex both won prizes and we were re-energized for the rest of the event.

For those that attended the event and haven't yet completed a survey, please provide us with your feedback here.



ANNUAL SAFETY AWARDS

Celebrate with us on August 13, 2021!

All award applications are due by June 30th

[Click here to view all of the award applications.](#)

Thank You to Our Event Sponsors

Conference



Premier



Investor



Partner



Please contact us for information on becoming a 2022 Utah Safety Conference & Expo Sponsor.

We will be having a live, incredible event!

Women in Safety Game Changer Challenge

by Lisa Christofferson, Membership Manager

One of our favorite conference “Traditions” is the opportunity to meet as a **Women in Safety** organization at the end of the first day. Each year are able to network and enjoy some refreshments while receiving massages. For our virtual adaptation, we chose to share some amazing “**Game Changing Ideas**” and play some trivia to celebrate Women’s History Month.

Challenge Idea - Leslie Hugo



Although the technical side of things didn’t work out as well as we had hoped, we shared several ideas, to help enhance safety programs.

Game Changing Ideas were submitted by: **Chavalah Brothers from OC Tanner, Hanh Ngo from OC Tanner, Donna Carter from Hudson Printing, Mandy Munden from Ascend Staffing and Leslie Hugo from ERB Industries** (pictured above, different color hats for different job functions, supervisor status, etc.).

Trivia winners were: **Genevieve Reyes from Innovative Flexpack, Bryon Grimm from Bartlett Grain Company, Natalie Campbell from Nelson Laboratories.**

Trivia winners and Game Changers were awarded Spa Finder gift cards to ensure they were still able to get their massage, safely and when the time was right. **We look forward to our next Women in Safety Event on April 21st. Click here for details!**

2021
Utah Safety Conference & Expo

Virtual Online Conference
March 16-17, 2021

ENCORE PRESENTATION

IT'S NOT TOO LATE TO VIEW CONFERENCE CONTENT

2021 Utah Safety Conference & Expo

My Event | All Sessions | My Schedule | Exhibitors | Sponsors | Game

2021

Utah Safety Conference & Expo

New Role of Safety in an Ever Changing World!

Tuesday, March 16, 9:00 AM-9:50 AM MDT

Keynote Speaker [Add to calendar](#)

Description

Workplace safety shifted irrevocably along with the pandemic and accompanying upheaval, and the future promises additional shifts ahead. Safety professionals continue to play an invaluable role when it comes to the future of safety, especially as work modalities and safety expectations shift to encompass psychological as well as physical risks. Join NSC president and CEO Lorraine Martin for guidance and insights regarding what comes next.

Speakers

Lorraine M. Martin
President and CEO, National Safety Council

Lorraine Martin is the president and CEO of the National Safety Council, a nonprofit founded in 1913 to save lives through injury prevention. At NSC she oversees efforts to educate, train and advocate for safe behaviors so people can live their fullest lives. Lorraine began her aerospace career as an officer in the U.S. Air Force and went on to Lockheed Martin where

For those registered, conference sessions are available to stream and exhibitor content is still available to download from our conference website. **Login here**, select your session, and click the replay button to view again or watch what you missed.

Creating a Virtual Safety Conference

by Cameron Clark, Occupational Safety Training Program Manager



The 2021 Utah Safety Conference and Expo brought a new set of challenges to our team. As the pandemic remained at the forefront of all our lives, we realized that we were not going to have the in person, face to face conference that we all expected.

Our fear was to work hard and create an event, only to have people only briefly attend, and move on without much impact. We faced this fear head on and became determined to produce an extremely interactive, impactful virtual event. **During our virtual conference, we were able to see the continuity, the commitment, and the value of the network we get to be a part of. We were amazed by the participation by attendees and exhibitors.**

It is this passion that drives safety in the state of Utah. That drive is owed to the passionate professionals who know safety does not rest, who strive to save lives through education and do not stop trying to positively impact their communities.

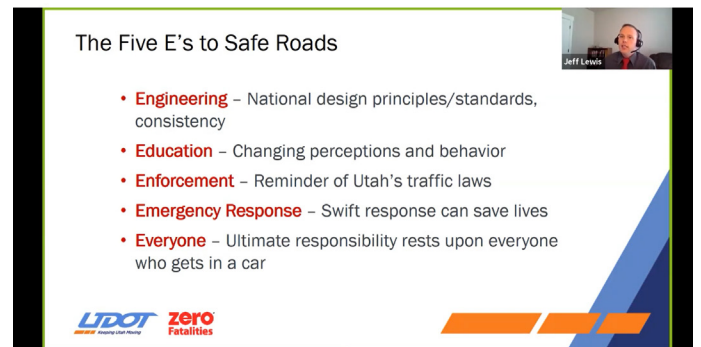
Thank you all for attending the conference and for making it a success. We are excited to see you all face to face in the future.

Traffic Safety Highlights

by Nicole Rilck, Traffic Safety Manager

This year our safety conference seemed totally new; we went virtual. It was a lot of fun to try something new and improve our technical skills. For the **Traffic safety program**, we had two great breakout sessions where we were able to look at safety from a new perspective.

On Day 1, we had **Jeff Lewis from UDOT** Join us and talk about road engineering. He spoke about different dividers and why they build roads the way they do. He shared a lot of great information including statistics and numbers of crashes on our roadways. We also heard from **Utah Highway Patrol Sergeant Lawrence Hopper** about the impact of Road Rage. We were delighted with the questions and interaction from the attendees.



On Day 2, we had **James Ray from Emergency Management** talk to us about how companies can stay open after a disaster. He talked about creating a planning team and effectively communicating with employees if an emergency should happen. He also discussed some tips for emergencies at home and in the community.

We appreciate everyone who attended and those that helped make this educational opportunity possible.



Conference Keynote Highlights

by Brandee Crockett, Vice President of Operations



The Three L's "Listen, Learn and Lead"
Wednesday, March 17, 9:00 AM-9:50 AM MDT

Colonel Jenise M. Carrol, the Commander, 75th Air Base Wing, Hill Air Force Base

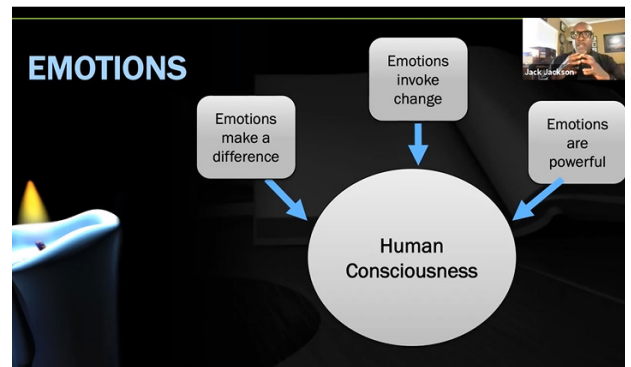
Our keynote speakers for this year’s virtual conference were amazing! As a chapter of the National Safety Council, it was exciting to have the **New President and CEO** join us to kick off our event. **Lorraine Martin** spoke to us about the New Role of Safety in an Ever-Changing World. She gave some great updates on trends that NSC has seen on a national and local level. Lorraine combined her industry-specific knowledge with her ability to engage with audiences to make our first virtual session the number one viewed session of the conference.

Our day two, Keynote Speaker was **Colonel Jenise M. Carrol, the Commander, 75th Air Base Wing, Hill Air Force Base, Utah**. She spoke about the three L’s – Listen, Learn and Lead. She spoke about how these principles have served her during her time in the military and in leadership. She shared her inspirational story and answered a lot of great questions presented to her by the attendees.

We also heard from two great speakers during the afternoon on each day, **Jack Jackson** and **Danny Smith** from **SafeStart**. SafeStart has been a strong partner for NSC and the Utah Safety Council over the last several years and we appreciate their continued support, especially in the form of speakers for the conference. Day one ended with **Jack Jackson** presenting on The Art of Storytelling: Impacting Your Audience. Jack took listeners on a journey through his entertaining and animated method of training. Jack’s session had the highest number of audience submitted questions because he was so engaging and we received so much positive feedback!

Danny Smith ended the conference on day two with a session called How Soon We Forget. Danny has a personal and engaging way of presenting information that really draws viewers in. It was a perfect end to the conference, and we appreciate all the volunteer time and effort that went into preparing for these wonderful sessions. Please contact us if you are interested in becoming a keynote speaker or know someone you would like to suggest for next year.

The Art of Storytelling: Impacting Your Audience



Jack Jackson, SafeStart

GHS Hazcom the Game

by Aimee Figueroa, Office Assistant

Greg Duncan’s breakout session, “GHS Hazcom The Game” was not only informative, but unique and interactive. Greg explained the importance of hazard communication, and how it has evolved globally over the years. He explained several standards throughout his presentation, and while doing so he would allow his viewers to interact with him by allowing them to participate in several different games. Greg incorporated a pdf document that viewers would fill out as they watched the presentation. Having the interactive “game” grasped my attention because not only did it test my knowledge, but it welcomed conversation among one another since it relayed on the chat feature as well.

Even though it was a virtual conference, **Greg’s breakout session still had the live presence because of how interactive it was**. The bingo game Greg created for his presentation was my personal favorite because it was the first time I had seen a presenter incorporate a game virtually, and still have it be user friendly. I felt as if I was sitting in a room with the ability to answer questions, play games, learn not only from the presenter but from others as well even though we were all behind a computer screen. Thanks for the interaction and for my new GHS Hazcom Knowledge!

Mining & Refinery Breakout Sessions

by Megan Spackman, Mining and Refinery Safety Program Manager

This year at the Utah Safety Council's Annual Safety Conference and Expo, we had fantastic representation from both our mining and refinery partners. We were joined by a panel representing some of the largest refineries in Utah and speaking on "The Salt Lake Road to Tier 3 Fuels". **Brad Shafer, Senior Manager for Government and Public Relations for Marathon Petroleum Corporation; Scott Widmer, Senior Strategy and Business Planning Analyst for Chevron's Salt Lake Refinery; Mike Platz, Operations Manager at the Woods Cross Silver Eagle Refinery; and Josh Jemente, Director of Government Affairs for Holly Frontier.** The panel was led by Rikki Hrenko-Browning, President of the Utah Petroleum Association. The panel led us in a discussion regarding what is Tier 3 Fuels and what is the process for producing this product, where consumers can find Tier 3 Fuels, and what the effect is on our environment. Each representative demonstrated a thorough knowledge on the science and process behind this product and shared with us their company's dedication to meeting and exceeding government requirements to provide a safer product for their customers and our environment.



Mike Tromble walked us through an MSHA update in another breakout session. Mike Tromble has had a very impressive career in mining, spanning decades and multiple aspects. He is now a **Supervisory Mine Safety and Health Specialist** in West Jordan, UT, and has been a EFSMS Supervisory Training Specialist since January 2017. His presentation touched on MSHA's response to COVID-19 including clarifying the available training extension, MSHA's fall protection initiative, and 2020 fatalities and what can be learned from them. He also shared the RISKS acronym and how to use it in our daily work. **Mr. Tromble** has kindly allowed us to share both the recording of his presentation and his slide deck. You can download the slide deck in the Attendee Portal.

We also were taken through "A Day in the Life of a Refinery Safety Specialist". **Cathy June, Manager, Health and Safety; and Taylor Jensen, Lead Assurance Specialist,** used personal experiences and photos to illustrate not only the unique hazards their team face every day, but also **Chevron's** dedication to promoting a safety culture among their employees. From implementing a hazard wheel to ease identification of dangers to installing programs on computers that encourage employees to take ergonomic breaks, I enjoyed their creative approach to keeping their sites safe. Their recorded presentation is now available for viewing, and they have made the **Chevron** Hazard Wheel available for download from the Attendee Portal.

Thank you again to our presenters for sharing information that was not just specific to their industries but for sharing best practices that everyone can learn from.



Date	April / May Courses	Member	Non-Member
April 10	MSHA - Introduction to Work Environment	FREE*	\$25
April 12	MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners 	\$75	\$75
April 13	Basic Orientation Plus	\$75	\$90
April 13-16	OSHA 30-Hr General Industry	\$451	\$645
April 14	First Aid, CPR and AED Instructor Course	\$497	\$710
April 19	MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners 	\$75	\$75
April 19	Job Safety Analysis	\$252	\$360
April 20	Contractor Safety Orientation (UITC)	\$75	\$75
April 20	Exit Routes, Emergency Action Plans and Fire Prevention Plans: OSHA Compliance Series	\$112	\$160
April 20-23	OSHA 30-Hr Construction Industry	\$451	\$645
April 21	Women in Safety Webinar - 11:30 AM 	FREE*	FREE*
April 21-23	MSHA 24-Hr Training for New/Inexperienced Metal/Non-Metal Surface Miners 	\$275	\$275
April 23	MSHA - Introduction to Work Environment	FREE*	\$25
April 26	MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners 	\$75	\$75
April 26	Focus Four Hazards in Construction	\$112	\$160
April 27	Basic Orientation Plus	\$75	\$90
April 27	Reasonable Suspicion Drug & Alcohol Compliance Training for DOT Supervisor	\$65	\$65
April 28	First Aid, CPR and AED Training	FREE*	\$110
April 28	Behavior Based Safety	\$112	\$160
April 30	Trenching and Excavation for the Competent Person	\$140	\$200
May 3	Start With Safety, Live Web-Based 60 Minutes - 10:00 AM 	FREE*	FREE*
May 3	MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners 	\$75	\$75
May 4	Contractor Safety Orientation (UITC)	\$75	\$75
May 5-7	MSHA 24-Hr Training for New/Inexperienced Metal/Non-Metal Surface Miners 	\$275	\$275
May 6-7	OSHA 10-Hr Construction Industry	FREE*	\$140
May 7	Safety Inspections	\$252	\$360
May 10	Forklift Trainer Course	\$560	\$800
May 10	MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners 	\$75	\$75
May 11	Basic Orientation Plus	\$75	\$90
May 11-14	Safety Training Methods	\$1,200	\$1,715
May 17	Safety Leadership	\$112	\$160
May 17	MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners 	\$75	\$75
May 18	First Aid, CPR and AED Training	FREE*	\$110
May 18	Contractor Safety Orientation (UITC)	\$75	\$75
May 19-24	MSHA 24-Hr Training for New/Inexperienced Metal/Non-Metal Surface Miners 	\$275	\$275
May 21	UDOT/ATSSA Flagger Certification Training	\$125	\$125
May 21	OSHA Compliance Series - Personal Protective Equipment	\$112	\$160
May 24	MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners 	\$75	\$75
May 25	Basic Orientation Plus	\$75	\$90

 Interactive, Live, Web-Based Course Option Available

For eligibility details of FREE* Membership Benefit Courses, visit our website, and select MEMBERSHIP.