

# Safety Notes



#### MEMBERSHIP MINUTE

by Lisa Christofferson

Membership Manager

In December, the Utah Safety Councils' Women in Safety Organization awarded the WISH Award (Women in Safety and Health) to Hanh Ngo from OC Tanner. Hanh was nominated by one of the employees on her team, Chavala Brothers. Hanh's creative ideas and a huge passion for safety made her an excellent choice for this great honor. We loved surprising Hanh with the award during a virtual team meeting with OC Tanner, which we then shared during the WISH Award Event.

During the virtual event, we heard from Caroline Gleik, an endurance athlete and activist. She shared some interesting insights into Risk Management from a unique, adventurous perspective. The Women in Safety group looks forward to having Caroline back in October 2021. (To watch a recording of this event, click here).

The nominees this year were so inspirational and had such amazing ideas; we decided to share these great ideas (and seek out even more GAME CHANGING IDEAS) during our next Women in Safety event on March 16, in conjunction with the Utah Safety Conference and Expo. Click here to learn for more info about the GAME CHANGER CHALLENGE.

### 2020 Recap & Highlights

by John Wojciechowski, President

2020 was a challenging year for all of us, but our team agrees that safety is something worth struggling for. I'm confident we'll come out of this pandemic better, stronger and smarter than before. We are fortunate to have such a supportive safety community. Even with the pandemic, windstorms, earthquakes and other assorted catastrophes, with the support of our members, we still had the opportunity to engage with over 9,000 people who participated in at least one of our safety training courses.

2020 started out normal enough with our 4th Annual Utah Safety Conference at the Mountain America Expo center in Sandy, UT. We hosted 400 safety professionals and 100 conference exhibitors. It was an awesome 2 days of learning with 4 keynote presentations and 40 breakout sessions. We look forward to the day when we can host the Safety Conference in person again, but we are always committed to producing the conference and delivering a great learning experience. (If you haven't registered for 2021, click here for info!)

The Annual Meeting and Awards Ceremony went virtual in 2020, but businesses and individuals who achieved excellence in safety were still recognized. Our Women in Safety community grew in 2020, we had more nominees than ever for the annual Women In Safety and Health (WISH) award. We had a great time presenting this award (although virtually) and engaging with this group in December.

The Occupational Safety training programs at the Utah Safety Council made some sharp left turns and figured out ways to continue to deliver essential MSHA and OSHA courses virtually. We are proud to say that most of the 50 occupational courses in our catalog are now offered virtually. With the people of Utah spending more time at home, it's more important than ever to learn lifesaving first aid, CPR and AED skills. Our Emergency Care classes can also be offered web based with a scheduled in-person skills test later.

The State of Utah was also a great partner in 2020! Because of the pandemic, they authorized our Traffic Safety Courses, Alive at 25 and **Defensive Driving** courses to be taught virtually so drivers with specific moving violations can still receive the required training to keep their licenses and maintain safety on Utah's roads.

After 2020, we're ready for anything that might come our way in 2021. Thank you for the support and your **membership**. Together, we'll continue to save lives.





UTAHSAFETYCOUNCIL.ORG 801.746.SAFE (7233)

#### **Membership Benefits**

- Streaming Safety Videos
- Safety Media Library
- Members Only Website
- **NETS Membership**
- OSHA 10-Hour Training
- First Aid, CPR and AED for Business Course
- Member Appreciation Events
- Start With Safety Webinars
- Discounts on Occupational Safety Training
- Health & Safety Fair Participation
- Family Safety & Health Magazine
- Monthly Publications and Email Updates
- Membership Recognition on Website
- Exclusive Discounts on Safety Products
- Safety Consulting
- Safety Management Systems for **Business Course**

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## What we "Believe" about Safety in Mining

by Paul Riley, Experienced Utah Safety Council Instructor

Have you ever wondered why MSHA requires all New Miners to go through 3 days of safety training associated with mining? MSHA is hopeful that at the end of the training their approved instructors can affect the way you "Believe," when it comes to safety. This is the same approach larger companies use when they require employees to go through



2-3 days of safety training during the onboarding process. MSHA and large companies realize that by requiring employees to go through several days of safety training with highly qualified and impactful instructors, they can help employees "Believe" differently and choose to work safely. The end goal is to have everyone go home safely at the end of each day.

Many employees take risks because they don't "Believe" an injury will happen to them. They have done the job 100 times before, the unsafe way, and have never been hurt. So, they continue to take risks because they haven't experienced an accident yet; or they haven't seen someone else get hurt.

An example of this happened on September 22, 2006. Reggie Shaw was texting on his phone while driving over a mountain pass between Tremonton and Logan, Utah. He had done this practice hundreds of times without incident. He "Believed" it wouldn't happen to him because he had gotten away with texting and driving so many times before and he was a "Good Driver" and could multi-task. Reggie crossed the yellow divider and clipped a Saturn heading the other direction on a two-lane highway. Inside the Saturn were two men commuting to work. The Saturn spun out of control and across the road, behind Reggie, and was hit broadside by a truck. The Saturn slammed into a gully and the two men were killed. This unfortunate incident changed Reggie's "Belief" about texting and driving. This event was so impactful in his life that he now "chooses" to no longer take this type of risk.





# What we "Believe" about Safety in Mining, Continued...



MSHA and the Utah Safety Council would rather students NOT learn by negative experiences and "Believe" that an incident CAN happen to you at any time; no matter how good you or experienced you are. We all get distracted during the day. We would rather you change the way you "Believe" about safety through Impactful Training not an Impactful Incident.

The Utah Safety Council's approved MSHA instructors are talented and dynamic. They will help bring to life (through experience, discussions on incidents, and sharing real stories) the hazards associated with mining. Their enthusiasm and presentations will help each attendee better understand their own personal safety culture and why some continue to "Believe" that it is ok to take risks. By the

end of the 3 days with us, it is our hope that you will have a greater desire to change the way you "Believe" about safety and "Choose to work safe ALWAYS".

Utah Safety Conference











Virtual Online Conference • March 16-17, 2021



#### START EACH MONTH WITH THE UTAH SAFETY **COUNCIL'S FREE SAFETY SEMINARS!**

Join us to discuss safety impacting Utah businesses and communities with experts in the field. In addition to each month's safety topic, we will share upcoming courses and events; as well as review Utah Safety Council tools and resources to ensure your organization is getting the most out of membership.

FREE Web-Based, Start With Safety Seminar

**Date**: First Business Day of Each Month

**Time**: 10:00 AM MST

#### **UPCOMING TOPICS**

March: Road Construction Safety and MSHA Annual Update

**April**: Distracted Driving Awareness May: NFPA 70E Updated Standards

June: National Safety Month - Workplace Safety Resources and Ideas



# Spot the Safety Violation

Do these images make you cringe? Can you identify exactly what's wrong, why and how to fix it? Let us know what the "Safety Violation" is in this image (bonus points for "Regulatory References") and win! Winners will receive a prize from the Utah Safety Council.

Email your response to safety@utahsafetycouncil.org and put SAFETY VIOLATION! In the subject line to enter. Entries must be received by the last day of the month and the winner will be announced in Safety Notes.

Previous Spot the Safety Violation Winners:

- Kimberly Foster, Human Resource Analyst at West Valley
- Daisy Diaz, Project Manager Assistant at RG Concrete
- Jerine Price, EHS Manager at TreeHouse Foods
- · Lance Garner, Safety Coordinator at Ascend Staffing
- Doug Handy, Technical Consultant at Liberty Mutual Group/ Utah Safety Council Instructor







Utah Safety Conference









Virtual Online Conference March 16-17, 2021

> REGISTER TODAY!



Join the Utah Safety Council for the 2021 Virtual Utah Safety Conference & Expo. Registration includes conference access both days, breakout sessions, raffle prizes, an expo highlighting the latest in safety products and services, and the following keynote speakers.

MARCH 16, 2021



9:00 AM Lorraine M. Martin President and CEO. National Safety Council

The New Normal: Facilitating Safety in a Post-COVID World



2:00 PM Jack Jackson Senior Safety Consultant, SafeStart

The Art of Storytelling: Impacting Your Audience





9:00 AM Colonel Jenise M. Carroll Commander, 75th Air Base Wing, Hill Air Force Base, Utah

The Three L's: "Listen. Learn and Lead"



2:00 PM Danny Smith Senior Safety Consultant, SafeStart

How Soon We Forget

Learn More & Register at UTAHSAFETYCOUNCIL.ORG

Date	February/March Courses	Member	Non-Member
February 9	Contractor Safety Orientation (UITC)	\$75	\$75
Feb. 9-12	Fundamentals of Industrial Hygiene 🛄	\$1,200	\$1,715
February 10	Basic Orientation Plus	\$75	\$90
February 10	UDOT/ATSSA Flagger Certification Training	\$125	\$125
February 16	Basic Orientation Plus	\$75	\$90
February 17	MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners	\$75	\$90
Feb. 17-19	MSHA 24-Hr Training for New/Inexperienced Metal/Non-Metal Surface Miners 🛄	\$275	\$275
February 19	Fire Protection: OSHA Compliance Series 🛄	\$112	\$160
February 20	MSHA - Introduction to Work Environment	FREE	\$25
February 22	MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners 🖳	\$75	\$90
February 23	Contractor Safety Orientation (UITC)	\$75	\$75
February 22	Basic Orientation Plus	\$75	\$90
February 24	First Aid, CPR and AED Training	FREE	\$110
February 24	Qualified Signal/Rigger Course	\$203	\$290
February 25	Safety Inspections	\$252	\$360
February 26	NFPA 70E Course 🔽	\$175	\$250
March 1	Start With Safety, Live Web-Based 60 Minutes - 10:00 AM	FREE	FREE
March 8	MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners 🛄	\$75	\$90
March 2	Basic Orientation Plus	\$75	\$90
March 2-4	Safety Management Techniques	\$1,200	\$1,715
March 4	Exit Routes, Emergency Action Plans and Fire Prevention Plans: OSHA Compliance Series	\$112	\$160
March 5	Incident Investigation 🛄	\$252	\$360
March 8	MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners	\$75	\$90
March 9	Contractor Safety Orientation (UITC)	\$75	\$75
March 9-12	OSHA 30-Hr Construction Industry	\$451	\$645
March 10-12	MSHA 24-Hr Training for New/Inexperienced Metal/Non-Metal Surface Miners 🛄	\$275	\$275
March 10-13	MSHA 32-Hr Training for New/Inexperienced Underground Miners 🛄	\$375	\$375
March 13	MSHA - Introduction to Work Environment	FREE	\$25
March 15	MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners 🛄	\$75	\$90
March 18	Basic Orientation Plus	\$75	\$90
March 22	MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners 🛄	\$75	\$90
March 23	Contractor Safety Orientation (UITC)	\$75	\$75
March 23	First Aid, CPR and AED Training	FREE	\$110
March 24-26	MSHA 24-Hr Training for New/Inexperienced Metal/Non-Metal Surface Miners 🛄	\$275	\$275
March 27	MSHA - Introduction to Work Environment	FREE	\$25
March 29	MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners 🛄	\$75	\$90
March 30	Basic Orientation Plus	\$75	\$90
Mar. 31-Apr. 1	OSHA 10-Hr General Industry	FREE	\$140

<sup>☐</sup> Interactive, Live, Web-Based Course Option Available

For details regarding FREE Training as a member benefit, visit utahsafetycouncil.org/membership.