



MEMBERSHIP MINUTE

Brandee Crockett, Vice President of
Operations

Happy New Year!

As we begin 2023, we want to thank you for your continued support of the Utah Safety Council. We know that you make budget decisions every year and we appreciate the opportunity to continue serving you. We strive to provide quality safety training, education, and products to help keep your employees safe.

As your organization needs evolve, remember that we offer many classes in person, virtually and even can come onsite to your facility. We are excited to work with you this year so please don't hesitate to reach out to our staff with questions or to schedule training.

Safety Begins With Operations

by John Wojciechowski, President

Any year on average, the Utah Safety Council will directly train about 13,000 Utahns in any one of our training programs. Every day we look forward to serving Utah and doing our part in creating safer environments where we all live and work. For over 80 years and supporting a diversified group of organizations from across the state ranging from government, transportation and health care to construction, manufacturing, mining and oil & gas.

Like all organizations with "safety" in their mission statements, we want safety for all, but are we there yet and how do we get there? How about we start with the bold, confident and decisive men and women who lead the day-to-day operations in all the organizations from the industries just noted. Specifically, let's talk about the characteristics and behaviors we need from operations managers in a manufacturing setting. Here's my hypothesis - safety begins with operations.

Operations managers in any manufacturing setting will juggle a broad range of responsibilities. A good operations manager will be well organized with a system of regular routines to manage activities and projects. Have you ever seen an operations manager's desk that isn't organized where every paperclip, rubber band and pen has a specific place it needs to be? This is the person you want doing the heavy lifting when it comes to direct responsibility for the safety and welfare of workers on a production line. Safety managers are a valuable resource for any manufacturing company, but occupational safety begins with operations. Production or progress never comes before safety and welfare, but a producer needs to produce, right? Therefore, the first task of any operations manager is to identify any immediate safety issues that may affect the welfare of the team,

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Membership Benefits

- Streaming Safety Videos
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- First Aid, CPR and AED Course
- Member Appreciation Events
- Start With Safety
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- Safety Consulting
- Safety Management Systems for Business Course

Safety Begins With Operations, Cont.

and potentially risk stopping production. Before the safety manager and his or her team performs a hazard assessment, or job safety analysis, of an already producing manufacturing operation, it's vital the operations team preempt the safety team with standardized tasks and work functions that balances worker safety with production. We know safety professionals live and work by the motto 'safety first,' but when that philosophy originates from the operations team, it demonstrates a real commitment to safety that carries a lot of weight with workers on the front line of production.

Relationships matter when the operations manager is tasked with managing the performance of a team. With these relationships, coupled with mutual trust and respect, the operations manager can effectively challenge complacency and entrenched views with existing processes, procedures or team culture. With this ability to affect real change and deviate a team from the "way we've always done it" mentality, the operations manager can be the most valuable resource for keeping people safe.

When things go wrong, good operations managers will ask "why" instead of "who." Their first instinct isn't going to be to lay blame on somebody else. They're going to focus on the process, not the individual. To mitigate things going wrong, like an accident that causes injury, operations managers will develop well thought out standards and processes and will continually work to improve these processes.

When key tasks and work functions in a manufacturing setting are standardized and expectations are established to maintain the standard, it creates a system and culture where everybody is contributing to operational excellence. The goals and plan, for a safe production unit for example, will be systematically communicated throughout the team by the operations team.

Operations managers need to understand the business strategy from the organization's leadership and the role of operations in delivering that strategy. Good manufacturing companies will have buy-in from its leadership regarding safety, but I would challenge leaders of these organizations to recognize the power their operations team has on the company culture. You won't find operations managers in their offices very often. They have the most staff reporting to them and the greatest number of interactions with peers. They spend most of their time out and about interacting with the team. When they are at their desks, they're rarely alone. It's a smart business strategy to plant the safety seed with the operations team and watch it grow. It's what they do; they lead the team and drive improvement.



FREE COURSE | OFFERED MONTHLY

Occupational Safety Essentials

Outlining the framework for anyone in a Safety Management position

For questions, call 801.746.SAFE (7233)



[Click here to register now | Use code essentials2022 to register](#)

Advance Your Safety Management Career

by Hannah Foust, Occupational Program Administrator

Are you looking to build upon your knowledge of compliance requirements and further your safety education? The National Safety Council's Advanced Safety Certificate (ASC) sharpens leadership skills while driving change within your safety program. Additionally, this curriculum helps participants determine when, how, and to whom safety responsibilities should be delegated. Get a head start on a management plan tailored to your organization's safety and health needs by registering today.

How do I register? In 2023, the Utah Safety Council is excited to offer the ASC curriculum in an efficient and cost-effective format. To complete ASC requirements, participants must earn a total of 5.2 CEUs over 12 days of training. Four of those training days are accounted for in the required course called Principles of Occupational Safety and Health. The remaining eight days of training may be filled with ASC elective courses.

There are three 4-day elective courses to choose from: Fundamentals of Industrial Hygiene, Safety Management Techniques, and Safety Training Methods. The remaining five 1-day elective courses include: Safety Inspections, Incident Investigation, Ergonomics: Managing for Results, Job Safety Analysis, and Team Safety.

For scheduling, we have made courses more accessible by rotating courses regularly throughout the 2023 calendar year. One week is dedicated to the Advanced Safety Certificate each month. This way, participants can join at any time and take courses in any order. 4-day courses can be taken in any order (including Principles of Occupational Safety and Health). 1-day courses may be taken over time and in any order; however, we do offer a bundling option that allows you to take all five 1-day elective courses within one week. These 1-day courses are offered in a web-based capacity. All other ASC courses are offered in a hybrid (in-person or web-based) capacity.

The Utah Safety Council has made these courses more cost effective and accessible to small businesses. When purchasing one ASC 4-day course individually, non-members will pay \$1715 and members will pay \$1200.50. When purchasing one ASC 1-day course individually, non-members will pay \$360 and members will pay \$252. Participants looking to purchase their Advanced Safety Certificate courses as a package will pay \$4700 as a non-member and \$3,300 as a member regardless of their decided course track. Invoice must be paid in full before the first day of class. Additionally, those qualifying for the Workplace Safety Scholarship will receive an additional 50% discount after package pricing. Not sure if you qualify for the scholarship? Please reach out!



If you are interested in achieving the ASC, please reach out to **Hannah Foust at hfoust@utahsafetycouncil.org**. After payment, you will receive a course registration form that allows you to choose your classes for 2023. It is important to remember that the Advanced Safety Certificate must be completed within a five-year period. We hope that you take advantage of this wonderful opportunity of "making Utah a safer place to live and work."

Bring First Aid, CPR and AED Training to Your Company

by Brandon Stone, Emergency Care Program Manager



At the Utah Safety Council we host the First Aid, CPR and AED Instructor Development Course six times a year. This course prepares the student to teach First Aid, CPR and AED to others whether it be members of the community or co-workers at their company. The student will also earn their First Aid, CPR and AED Instructor Credentials through the National Safety Council.

The course is held over 3 days. The first day and a half are spent going over the First Aid, CPR and AED curriculum that the instructor student will later be delivering themselves. The focus of this part of the course is to provide the instructor student with guidance on how to cover the curriculum and points to emphasize. The goal is to ensure the instructor student has a good grasp of the curriculum and to address any questions they might have.

During the second day of the course, once the review of the curriculum is done, we move our focus to discussing what makes a good instructor. We discuss how the instructor should present themselves, how to manage difficult students, how to engage a classroom and keep their attention. We also discuss the details of holding a class, how to prepare, what is needed and what must be done before and after the class.

On the last day of class, the student instructors each deliver to the other student instructors a presentation that they have prepared themselves. This gives those who have never led a class an opportunity to deliver a presentation in a less stressful environment for the first time. For those who have led a class before, it gives them an opportunity to learn from the other instructor students, and to receive feedback on their teaching style. It is a great opportunity to improve one's abilities and learn new techniques from the others in the class.

The First Aid, CPR and AED Instructor Development Course gives companies the ability to bring this important and potentially life saving training to their employees in an economic way. It can be a great part of a company's safety program and is a valuable way to invest in your employees wellbeing.

Upcoming Class Dates:

January 18-20, March 29-31, May 24-26, July 26-28, September 13-15, November 8-10

Contact Brandon Stone for more information on becoming an instructor at bstone@utahsafetycouncil.org or at 801-746-7233, ext. 307. Register for an instructor class by visiting our website at UTAHSAFETYCOUNCIL.ORG.



[Click here to listen to our newest podcast episode](#)

Sharing Tools Across Safety Industries

by Justin Ward, Program Administrator

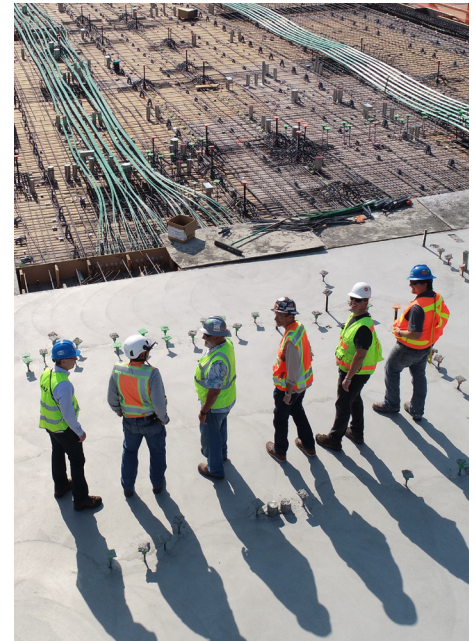
The start of a new year often prompts us to assess our surroundings. What is working? What needs improvement and attention? What can I do to help keep my employees and co-workers safe? These are just a few of the questions we might ask ourselves as we return to the job site after the holidays wrap up. For some, these changes might seem too daunting, and improvements never get traction. For others, small procedural adjustments are just not enough, and staff struggle to keep up. However, reinventing the wheel is not necessary if we are able to learn from, and apply the safety skills discovered by others.

One sharable tool for various work environments is the maritime industry's development and use of Bridge Resource Management (BRM). This integral safety and error management structure has been implemented by vessel crews since the early 1990's and has been attributed to numerous cases of incident prevention¹. BRM consists of five central elements including communication, teamwork, decision making, situational awareness, and fatigue. This model encourages a collaborative work environment that utilizes all available human and technological resources. With proven effectiveness, who wouldn't want to look further into this system?

Adapting safety tools from another industry is not a unique concept and has precedents. Only a few years after the launch of BRM on ships, the American Pilot's Association (APA) took notice and began developing trainings for the flightdeck². One BRM application for occupational safety might include clarity in communication to prevent injuries. As an example, suppose the night crew is asked to begin disassembling some scaffolding that a day crew has been using to complete a task. Neither crew is aware of each other's assignments and the latter begins using the scaffolding which is no longer safe. Injuries are almost guaranteed to occur when communication is not received properly or is assumed to be received.

Another use for BRM on the jobsite includes leaders and foremen that appreciate and seek input from their crew. BRM was, in part, inspired by captains who relied too heavily on their own experience and decision-making skills and neglected the years of experience that remained with the other mariners on the vessel. Safety and leadership can be built by acknowledging that even the most junior member of a team can have lifesaving ideas. In truth, there are hundreds of examples and applications for BRM in our worksites whether they be an underground mine, a refinery, or a warehouse. As a tool to help keep your workers safe, we encourage you to learn more about systems like BRM and identify ways to implement these skills with your employees.

For more information, contact Justin Ward at jward@utahsafetycouncil.org or at 801-746-7233, ext. 300.



1. Mukherjee, P. (2021, November 19). *Understanding bridge resource management and its key elements on board ships*. Marine Insight. Retrieved December 29, 2022, from <https://www.marineinsight.com/guidelines/understanding-bridge-resource-management-and-its-key-elements-on-board-ships>

2. Kirchner, P.G., Viso, J. J., (2014). Bridge resource management for pilots. In *IMPA on pilotage* (167-170) Witherbys. [https://docs2.cer-rec.gc.ca/ll-eng/llisapi.dll/fetch/2000/90464/90552/548311/956726/2392873/3614457/3615225/3635252/3717037/A96323-11 IMPA on Pilotage - Bridge Resource Management for Pilots - A6L3K3.pdf?nodeid=3717148&vernum=-2](https://docs2.cer-rec.gc.ca/ll-eng/llisapi.dll/fetch/2000/90464/90552/548311/956726/2392873/3614457/3615225/3635252/3717037/A96323-11%20IMPA%20on%20Pilotage%20-%20Bridge%20Resource%20Management%20for%20Pilots%20-%20A6L3K3.pdf?nodeid=3717148&vernum=-2)

Recognizing Safety on the Roads

by Mike Stone, Traffic Safety Program Manager

Happy new year everyone! Or much later in the year depending on when you're reading this. Every year people decide to have a new year's resolution where they pick something to work on throughout the year. My professional goal this year is to save as many lives on roadways as possible. Now my goal is different from most people, typically it is something such as weight loss (which everyone gives up on after 2 weeks), spending time with friends and loved ones, saving money, and improving your overall happiness. Now what if I told you I have a solution to help you accomplish all those goals? This year, you can accomplish all those goals by being a safer driver. So, let's help each other accomplish our goals.

How exactly can being a safer driver help you accomplish those goals? Well, I'm glad you asked. Defensive driving is driving to save lives, time, and money, in spite of the conditions around you and the actions of others. If we were to take each of these items one at a time by being a defensive driver we can save lives, time and money.

We can start with money, as that is the second most popular new years resolution set by people. Everyone is always looking to save money, so they can spend it on the things that matter most in their lives. However, do you know what would prevent you from saving money? Getting a ticket. Some tickets are worse than others, but with speeding tickets starting at \$120 on average and going all the way up to \$870 that is a good chunk of money. The costs don't stop at simply paying your ticket either. Next you will need to factor in insurance costs for the year. All speeding tickets and any increase in points can lead to higher insurance rates. As your ticket count and points go up your insurance agent views you as being a risk to insure, and therefore will charge you more. As someone who was once a teenage boy, I can verify that a single ticket can take your rates from \$120 a month, up to \$260 in the blink of an eye. Paying \$1440 a year is a lot better than \$3120, trust me.



Next up we have time, this one can either have a major impact on your life or be a mild inconvenience depending on the outcome. Most of the time when people are caught speeding, they state to officers that they are running late for something. When you are already running late for something, a routine 20-minute traffic stop sure can feel like an eternity. This isn't even counting if you are injured in the event of an accident occurring. Last year, we had 18220 accidents that resulted in 26437 injuries here in Utah. Depending on how serious the injury is, you could have lost a lot of time in healing and recovery. This is precious time that you could be spending with friends and family that could be lost because of an accident.

Last and most importantly, defensive driving saves lives. Last year in Utah we had 332 individuals who lost their lives while driving to their destinations. The National Highway Transportation Safety Administration (NHTSA) has stated that somewhere between 94% and 96% of all accidents are avoidable in one way or another. We could take that 332 individuals and avoid 95% of all accidents, we would only have 3 fatalities per year on Utah roads. That would be an incredible accomplishment. We can begin this goal by slowing down, buckling up and being less distracted on the roads. As I stated, my goal is to have people drive safe so everyone can return home to their loved ones at the end of the day and be around for 2024. I hope you will join me in this goal of saving lives this year by being a safer driver this year in 2023.

If you are looking to expand your knowledge on defensive driving and the techniques to stay safe out on the roads, please look into one of our available classes. Scheduling can be found on our website at UtahSafetyCouncil.org. If you do have any questions, please reach out and we will be happy to help. Thank you, and happy new year!

For more information about traffic courses and resources, contact Michael Stone at mstone@utahsafetycouncil.org at 801-746-7233, ext. 303.

Women in Safety-WISH Award Ceremony

by Brandee Crockett, Vice President of Operations



Kerilee Burton, 2022 WISH Award Recipient

safety professional making a difference. We are excited to have her join the list of WISH Award winners.

We also had the opportunity to hear from Tammy Sloan as the keynote speaker for this event. Tammy L. Sloan is a retired businesswoman, devoting 35 years in



Tammy Sloan, Keynote Speaker

Thank you to all that attended the Women in Safety WISH Award presentation held on December 16th. We had a great turnout and enjoyed coming together as a group to honor Kerilee Burton as the 2022 recipient.

Kerilee Burton has been working in the child passenger safety field since the early 1990's when she created the county's first car seat program at a local health department in California. Later, when she started her family, Kerilee left her formal job, but received plenty of practical, hands-on experience with car seat safety raising her five children. Returning to CPS in 2010, she became Utah's State CPS Coordinator, a position she has held for the last 12 years. She is an instructor for both the National CPS Certification Program and the Safe Travel for All Children Course.

Kerilee graduated from Brigham Young University in Public Health and Family Life and is Certified Health Education Specialist (CHES) as well as a Certified Child Life Specialist (CCLS).

Currently, Kerilee is the CPS/ Teen Driving Program Manager at the Utah Highway Safety Office and works with special needs families at Primary Children's Hospital. Kerilee works tirelessly to promote safety in all aspects of her life. Kerilee truly embodies what it means to be a female



With her tireless energy, positive attitude, desire to help others succeed, and combined with worthy business acumen, Tammy advanced her career and led the sales team at Sysco Intermountain as Vice President. Using key metrics to benchmark with best-in-class industry standards, Tammy and her team were the number one distribution company for several years in a row. Tammy is a game changer! Dedicated to serving the community, several people, businesses, and organizations have been impacted greatly by her generosity.

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Women in Safety-WISH Award Ceremony, Cont.

Tammy shared the many experiences she learned as she grew professionally throughout her career. She was a wonderful addition to the WISH award ceremony and we were so excited to spend the afternoon with her.

Immediately following the WISH Award ceremony, several members of the Utah Safety Council team recorded a podcast with Kerilee Burton and asked her to share her knowledge and experience in child passenger safety with our listeners.

We all had a great time and learned a lot about the importance of properly securing everyone in the vehicle on every trip. To listen to the Utah Safety Council's Speaking up for Safety podcasts, visit <https://speakingupforsafety.podbean.com/>

To learn more about the Women in Safety program, contact Brandee Crockett, VP of Operations, at bcrockett@utahsafetycouncil.org at 801-746-7233, ext. 308.



Recording the Speak Up for Safety podcast after the WISH Award



Representatives from Hudson Printing



Representatives from Sysco at the WISH Award



Kerilee Burton, Kristy Rigby, Carrie Silcox at WISH Award



Q&A with Keynote Speaker, Tammy Sloan



Sarah Galvez from Younique attends the WISH Award



Attendees from Wasatch Electric, including Board Member, David Homer



John Wojciechowski, President



Brandee Crockett, Vice President of Operations at the check in table



Women in Safety Speakers attend the WISH Award-Tammy Sloan and Laura Hadley



Upcoming Class Schedule

| Date | January / February Courses | Member | Non-Member |
|----------------|---|--------|------------|
| Jan. 17 | Basic Orientation Plus | \$75 | \$90 |
| Jan. 17 | MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners - Web-Based | \$95 | \$95 |
| Jan. 18 | MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners - Web-Based | \$95 | \$95 |
| Jan. 18-20 | First Aid, CPR & AED Instructor Course | \$518 | 740 |
| Jan. 19-20 | OSHA 10-Hr Outreach Course for General Industry | FREE* | \$140 |
| Jan. 23 | MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners - Web-Based | \$95 | \$95 |
| Jan. 23 | Recordkeeping: OSHA Compliance Series - Web-Based | \$112 | \$160 |
| Jan. 24 | MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners - Web-Based | \$95 | \$95 |
| Jan. 25-27 | MSHA 24-Hr New/Inexperienced Metal/Non-Metal Surface Miners - Web-Based | \$305 | \$305 |
| Jan. 25 | MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners - Web-Based | \$95 | \$95 |
| Jan. 26 | Forklift Trainer Certification Course - Web-Based | \$560 | \$800 |
| Jan. 28 | MSHA - Introduction to Work Environment | FREE* | \$45 |
| Jan. 30 | MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners - Web-Based | \$95 | \$95 |
| Jan. 31 | OSHA Machine Guarding - In Person & Web-Based | \$112 | \$160 |
| Jan. 31 | Basic Orientation Plus | \$75 | \$90 |
| Jan. 31-Feb. 1 | OSHA 10-Hr Outreach Course for General Industry | FREE* | \$140 |
| Feb. 1 | OSHA: Hazard Communication - In Person & Web-Based | \$112 | \$160 |
| Feb. 1 | Start With Safety, Live Web-Based 60 Minutes - 10:00 AM | FREE* | FREE* |
| Feb. 2 | OSHA: Electrical Safety - In Person & Web-Based | \$112 | \$160 |
| Feb. 2 | OSHA: Slips, Trips, and Falls - In Person & Web-Based | \$112 | \$160 |
| Feb. 3 | OSHA: Confined Spaces - In Person & Web-Based | \$112 | \$160 |
| Feb. 3 | OSHA: Welding, Cutting, and Brazing - In Person & Web-Based | \$112 | \$160 |
| Feb. 6 | MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners - Web-Based | \$95 | \$95 |
| Feb. 7 | Contractor Safety Orientation (UITC) | \$75 | \$75 |
| Feb. 7 | MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners - Web-Based | \$95 | \$95 |
| Feb. 7-9 | MSHA 24-Hr New/Inexperienced Metal/Non-Metal Surface Miners - Web-Based | \$305 | \$305 |
| Feb. 7-10 | MSHA 32-Hr New/Inexperienced Underground Miners - Web-Based | \$795 | \$795 |
| Feb. 7-10 | OSHA 30-Construction Industry - In Person & Web-Based | \$452 | \$645 |
| Feb. 7-10 | MSHA 32-Hr New/Inexperienced Underground Miners - Web-Based | \$425 | \$425 |
| Feb. 11 | MSHA - Introduction to Work Environment | FREE* | \$45 |
| Feb. 13 | MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners - Web-Based | \$95 | \$95 |
| Feb. 13 | Crane & Hoist: OSHA Compliance Series - Web-Based | \$112 | \$160 |
| Feb. 13 | Occupational Safety Essentials | FREE* | \$150 |

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For more information on FREE* (and discounted) courses as Membership Benefits, visit our website and select Membership. Membership Services - Categories & Benefits.

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Upcoming Class Schedule

| Date | February Courses | Member | Non-Member |
|----------------|--|---------|------------|
| Feb. 14 | Basic Orientation Plus | \$75 | \$90 |
| Feb. 14-17 | Fundamentals of industrial Hygiene - In Person & Web-Based | \$1,200 | \$1,715 |
| Feb. 14 | MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners - Web-Based | \$95 | \$95 |
| Feb. 15-17 | MSHA 24-Hr New/Inexperienced Metal/Non-Metal Surface Miners - Web-Based | \$305 | \$305 |
| Feb. 18 | MSHA - Introduction to Work Environment | FREE* | \$45 |
| Feb. 21 | MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners - Web-Based | \$95 | \$95 |
| Feb. 22 | MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners - Web-Based | \$95 | \$95 |
| Feb. 22-24 | MSHA 24-Hr New/Inexperienced Metal/Non-Metal Surface Miners - Web-Based | \$305 | \$305 |
| Feb. 25 | MSHA - Introduction to Work Environment | FREE* | \$45 |
| Feb. 27 | MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners - Web-Based | \$95 | \$95 |
| Feb. 27 | OSHA: Exit Routes, Emergency Action Plans, and Fire Prevention Plans - In Person & Web-Based | \$112 | \$160 |
| Feb. 28 | Basic Orientation Plus | \$75 | \$90 |
| Feb. 28 | MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners - Web-Based | \$95 | \$95 |
| Feb. 28-Mar. 3 | OSHA 30-Construction Industry - In Person & Web-Based | \$452 | \$645 |

For more information on FREE* (and discounted) courses as Membership Benefits, visit our website and select Membership. Membership Services - Categories & Benefits.

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EARLY BIRD REGISTRATION CLOSSES
JANUARY 16

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 March 16-17, 2023

Rice Eccles Stadium Field Club
Salt Lake City

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Join us for the 2023 Utah Safety Conference & Expo at the Rice Eccles Stadium Field Club!



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Training from the Utah Safety Council can help you mitigate risks and gain the skills needed to integrate safety into your workplace.

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These programs offered by the Utah Safety Council offer practical strategies to reduce collision-related injuries and fatalities on Utah roadways.

EMERGENCY CARE Safety

How your employees react before emergency medical services arrive could make the difference between life and death.

HOME & COMMUNITY Safety

Keeping you safe at home, at play and on the go.

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