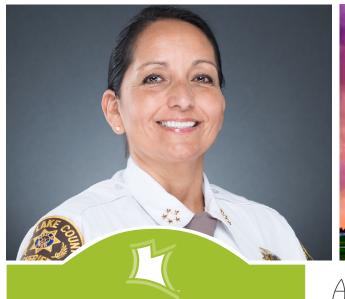


Safety Notes

June 2021

Volume 6





by Lisa Christofferson, Membership Manager

MEMBERSHIP MINUTE

This is a special edition of Safety Notes, and I am excited to share it with you. Every person on our team contributed content, and we look forward to continuing to make our newsletter a group effort. Hopefully, you will see more updates and articles that are applicable to you and what you do to keep your organization safe

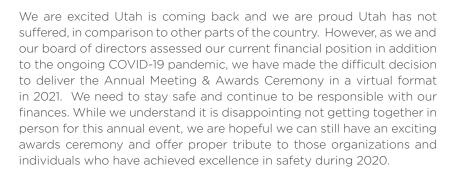
Don't miss the article on page four with information and links to help you find information about what's coming up. Also, make sure to register for our Women in Safety free webinar on June 16, 2021; where we will discuss new regulations and developments that impact our safety programs, and how to implement these things in a workable way.

We hope you have a safe and enjoyable summer; and we look forward to seeing you during our virtual Annual Meeting & Awards ceremony, and our next Membership Appreciation Event in September. Watch for more info, coming soon.

The Covid-19 pandemic has been challenging for all of us. It has been a daunting year navigating the Utah Safety Council business to coincide with the public health precautions, and much like several small businesses

in Utah, we have felt the financial strain.

by John Wojciechowski, President



The virtual **Annual Meeting & Awards Ceremony** is scheduled for August 13th at 10am, and we will be streaming this event live from the Utah State Capitol. We are excited to announce **Salt Lake County Sheriff Rosie Rivera** will be the keynote speaker for the event. Sheriff Rivera is the first female sheriff to be elected in Utah and leads based on her belief in transparency in law enforcement and public safety as well as justice for all. We are very honored and excited to host Sheriff Rivera and we look forward to learning from her message. Register <u>HERE</u> to attend virtually and don't forget, award applications must be submitted by June 30, 2021.

Thank you for your commitments to health and safety. We look forward to seeing you all very soon.







UTAHSAFETYCOUNCIL.ORG 801.746.**SAFE** (7233)

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Membership Benefits

- · Streaming Safety Videos
- Safety Media Library
- Members Only Website
- NETS Membership
- OSHA 10-Hour Training
- First Aid, CPR and AED for Business
 Course
- Member Appreciation Events
- Start With Safety Webinars
- Discounts on Occupational Safety Training
- Health & Safety Fair Participation
- Family Safety & Health Magazine
- Monthly Publications and Email Updates
- Membership Recognition on Website
- Exclusive Discounts on Safety Products
- Safety Consulting
- Safety Management Systems for Business Course

National Safety Month

by Brandee Crockett, VP of Operations

In 1996, the National Safety Council established June as **National Safety Month**, aiming to increase awareness of the leading **safety** and health risks and ultimately decrease the number of unintentional injuries and deaths in the United States.

The goal of **National Safety Month** is to raise public awareness of safety. June is also an appropriate month to focus our efforts on public safety, as the summer season traditionally is a time of increased unintentional injuries and fatalities, and the U.S. is still facing an unprecedented threat to public safety as the pandemic looms on.

Throughout the month, the National Safety Council and the Utah Safety Council aim to collaborate with public and private groups to promote improved standards of safety and broadly distribute information on how everyone can take a leadership role in safety. This year, we will be focusing on the important topics of risk identification, ongoing COVID-19 safety concerns, psychological safety and advancing organizational safety. Topics this year include:

Week 1-Prevent Incidents Before They Start:

Identifying risks and taking proactive safety measures to reduce hazard exposure on important topics from ergonomics to chemical management is crucial to creating a safe workplace.

Week 2-Address Ongoing COVID-19 Safety Concerns:

As the pandemic continues, employers play an important role in the return to physical workspaces, building trust around vaccines, mental health and so much more.

Week 3-It's Vital to Feel Safe on the Job:

Being able to be one's self at work without fear of retaliation is necessary for an inclusive safety culture. Leading organizations focus not only on physical safety, but psychological safety as well.

Week 4- Advance Your Safety Journey:

Safety is all about continuous improvement. Whether organizationally or individually, NSC can help provide guidance for your path forward.

The Utah Safety Council encourages all organizations to participate in National Safety Month by engaging in awareness and education activities devoted to safety in the areas highlighted above or any other relevant safety topic. Join our Start With Safety Webinar -June 1, 2021 at 10:00 AM for more information about National Safety Month.

To request downloadable materials, contact the Utah Safety Council at 801.746.7233 or safety@utahsafetycouncil.org.





When Is an Employer Liable for Distracted Driving?

by Nicole Rilk, Traffic Safety Program Manager

Organizations are liable for the driving of employees who operate a company vehicle as part of their job, such as delivery drivers, truck drivers or couriers. However, there can be plenty of less obvious instances where an employer could potentially be held responsible for distracted driving. Here are a few examples:

- Company cars. If employees drive company cars, then the employer can be held liable for distracted driving incidents, even if the employee is driving while off duty.
- Personal Vehicles for Company Business. If employees
 are driving their own vehicles while on company time, for
 company business (usually receiving mileage reimbursement); most of the same rules apply as if the vehicle were a
 company car.
- Work-Related Distractions. If an employee is driving his or her own vehicle but becomes distracted by answering a work-related call or email and causes a crash, the company can be held liable.
- Company Cell Phones. In rare cases, an employer can be held liable for an employee using a company cell phone for a personal call. This is unlikely, but possible.



The best way to avoid liability for a distracted driving crash is prevention. Companies that give their employees vehicles need to hold regular training on distracted driving. Employees with company cars should also be required to adhere to a distracted driving policy.

These policies should consider state laws that may prohibit drivers from using their phones or require all cell phone use to be hands-free. Employers should provide the proper equipment for employees to use their cell phone hands-free or prohibit cell phone use altogether.

Even when employees do not drive company vehicles, companies should have cell phone policies that prohibit taking work-related calls or answering emails while driving.

Request a "Distracted Driving in the Workplace Kit" for tools to help:

- Build buy-in from senior management and others to implement a policy.
- · Create a policy based on what research identifies as unsafe driving behaviors that increase crash risk
- Inform and educate employees about the risks of using cell phones while driving, including dispelling common myths and misunderstandings
- Implement your policy and gain acceptance from your employees
- Enforce the policy for long-term success

Implementing an effective policy to reduce distracted driving involves more than publishing a policy in a handbook, it requires changing behaviors and changing opinions about behavior.

Order your kit by sending an email to safety@utahsafetycouncil.org. Please put Distracted Driving Kit in the subject line. Also check out all the Safe Driving Resources available on our website HERE.





Membership Update

by Lisa Christofferson, Membership Manager

The Utah Safety Council is a Membership-Based, Non-Profit, Quazi-State Agency. The mission of the Utah Safety Council is to save lives by promoting safety and health through education, services, and products. Businesses in all types of industries, Utah Municipalities, Consulting Companies, Safety Equipment or Service Providers, Chambers of Commerce and other types of organizations are members of the Utah Safety Council. We appreciate the generous support of our 961 members and appreciate their commitment to furthering safety awareness.

What's Coming Up:

START WITH SAFETY - Start each month by focusing on a safety topic and hearing the latest updates from the Utah Safety Council. Join us at 10AM on the first business day of every month for a FREE WEBINAR.



<u>June Start With Safety</u> - National Safety Month and Workplace Safety Week. What are these campaigns and how can we use them?

July Start With Safety - Heat Emergency Prevention; what do you need to know to protect yourself and your organization?

<u>August Start With Safety</u> - Level Up Your Safety Program; what are the next steps? How can you enhance your Safety Program to further ensure the safety of your organization.

ANNUAL AWARDS - Ensure your organization receives recognition for safety achievements, your team deserves it! Submit Award Applications (select SAFETY AWARD APPLICATIONS) and Register for the Annual Meeting and Awards Event, August 13, 2021 10:00 AM.

OSHA 10 - General members receive complementary attendance for one student per organization, per year. Contributing and Sustaining Members receive two attendees per organization, per year. This goes for General Industry OR Construction - Sign up for the next <u>OSHA 10 for General Industry on July 21-22</u> and the next <u>OSHA 10 for Construction on September 2-3</u>.

First Aid, AED, CPR - All Member Organizations receive complementary attendance for one student per organization, per year. Make sure someone from your organization attends each year. Register for this class on June 17th or July 15th.

Safety Management Systems: Strategies for Business - Sustaining and Contributing Member Organizations receive two attendees for this half-day, interactive, instructor-lead course. This course overviews what's required to develop, implement and maintain an effective safety program and is intended for those attempting to "get up to speed" or for those just looking to fine tune and process check a current program. This course is only taught two-three times per year, so **don't miss the next course on June 7, 2021**.

Streaming Library - We have over 2,500 English and Spanish titles available for video streaming, PLUS each of these topics comes with supplementary material and resources including, quizzes, certificates of completion, instructor guides, etc. Make sure to select Course Materials and check out the new look, and way things are categorized on our Utah Safety Council Safety Video Streaming Site.

Product/Course Discounts - Members receive a 30% discount on several courses and products. Check out our <u>Training</u> Calendar and Safety Products A-Z.

Please let us know if you have any issues accessing your benefits or your information, we are happy to help. For more membership information, or to join - visit utahsafetycouncil.org and select Membership Services.



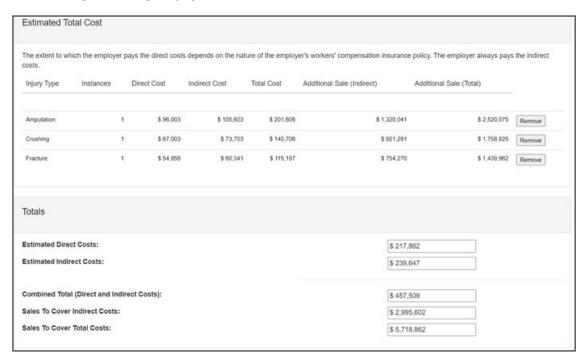
Communicating the Monetary Value of Safety

by Cameron Clark, Occupational Safety Training Manager

Safety managers often face budgetary restriction roadblocks. When navigating budgetary restrictions, it's extremely helpful to deliver a clear cost analysis on the value of investing in safety. A great approach when selling safety, is mitigating potential cost through safety training.

A great tool to help illustrate potential cost, is <u>OSHA's Safety Pays Estimator</u> on the <u>OSHA.gov.</u> website. This calculator evaluates injury type or workers compensation costs (if data available), profit margin, and number of injuries, instances, direct cost, indirect cost, and what sales numbers would be needed to rebound financially from an incident for the organization.

In this example, some of the most common workplace injuries are used (Amputations, Lacerations and Fractures). Also selected was 8% Profit Margin and Single Injury Events.



By using this tool, we can show how an injury in the workplace has a long-term effect on the individual involved, and how that injury also results in a long-term financial setback for the organization. This assists us to communicate why investing in Utah Safety Council Membership, education, accident prevention, employee empowerment, staffing, PPE and a safe work environment can save lives, and prevent profit loss.



VIRTUAL ANNUAL SAFETY AWARDS

Celebrate with us on August 13, 2021!
All award applications are due by
June 30th

Click here to view all of the award applications.



Stay Safe While Working from Home - Use Our Media Library

by Cassie Henson, Customer Service Manager

As we work our way through the COVID-19 pandemic, we realize some employees are still working remotely. We practice safety while on the job, but what about while working from home? We have added new titles to our media library to help give your employees tools to stay safe while in the office and at home. Our media library rentals, along with our online streaming, is a free to benefit to our members. Our office is open for rentals, so come in (or call) and check out the new titles we have added. Also, don't forget we have videos available to stream any time of day or night. Visit HERE for streaming info. Please contact Cassie Henson at chenson@utahsafetycouncil.org or 801.746.SAFE(7233) x 300 for more video rental information.

New titles for 2021:

Protecting Yourself Against COVID-19 and Other Contagious Illnesses

COVID-19: Staying Safe at Work for Employees

COVID-19: Staying Safe at Work for Employers

Remote Worker: Safety, Health and Security

Return to Work Post COVID-19

Proper Use of Facemasks

Proper Hand Washing Techniques

COVID-19 Construction Awareness Training

Civil Unrest - Being Prepared

COVID-19 - Cleaning and Disinfecting

Pandemic Flu Facts and Prevention

COVID-19 Hospitality - Keeping Your Hotels Clean & Safe

Ergonomics - Working from Home

Safety Related Work Practices and the 2021 NFPA 70E For Electrical Workers



Fireworks Safety

by Aimee Figueroa, Office Assistant/Interim Office Manager



With temperatures increasing and summer holidays approaching, the Utah Safety Council wants to share a few tips on being safe while joining the festivities. After purchasing/obtaining fireworks, it is important to store them in a dry cool place and avoid rough handling to prevent damaging the fuse or handles. Secondly, remember to always light fireworks outdoors in a clear area away from buildings, houses, or flammable material. Although multiple fireworks might seem more entertaining, always light one firework at a time and remember to never re-light or handle a malfunctioning firework. It is important to soak fireworks in water, preferably overnight, before discarding them in garbage bins, or your local solid waste facility. Also, never ignite a device in a container or on top of containers or other objects. If

possible, keep a fire extinguisher or a bucket of water on standby as a preventative measure. The Utah Safety Council wishes you a safe and wonderful time celebrating all your summer festivities with friends and family.

Download a <u>Fireworks Safety Fact Sheet Here</u>; and visit our Home Safety General Resources <u>HERE</u> for more Fact Sheets and additional resources.



Acera del Consejo de Seguridad de Utah

by Aimee Figueroa, Office Assistant/Interim Program Manager



Durante más de 80 años, el Utah Safety Council ha estado salvando vidas al promover la seguridad y la salud a través de la educación, los servicios y los productos en todas las comunidades de Utah. Somos un capítulo del National Safety Council, una organización sin fines de lucro, basada en miembros y la principal autoridad en recursos de seguridad y salud en Utah. El consejo apoya a un grupo diversificado de organizaciones en el estado con representación de miembros del gobierno, transporte, construcción, manufactura, salud, educación, minería, petróleo y gas. Estamos orgullosos de servir a más de 1000 empresas. El Utah Safety Council ofrece excelentes clases educativas para miembros y para compañías que no son miembros.

Ofrecemos cursos en **ocupacional** con los recursos que los empleadores de Utah necesitan para ayudar a mantener seguros sus lugares de

trabajo y para obtener información necesaria para implementar y administrar la seguridad en cualquier entorno industrial o de oficina. Ayudamos a mantener seguros a los trabajadores en los almacenes, plantas de fabricación, refinerías, operaciones mineras y en las oficinas.

El Utah Safety Council también participa en los programas de seguridad vial del Consejo Nacional de Seguridad para ayudar a prevenir choques y reducir las lesiones y muertes relacionadas con colisiones en las carreteras de Utah. Para muchos de nosotros, nuestro viaje al trabajo es la parte más peligrosa de nuestro día. Nuestros cursos de **Conducción defensiva y Vivo en 25** (Defensive Driving/Alive at 25) brindan educación para mejorar el comportamiento de los conductores, hacer que las carreteras de Utah sean más seguras y avanzar en nuestra misión de salvar vidas.

Una atención y una respuesta de emergencia eficaces podrían marcar la diferencia entre la vida y la muerte en el lugar de trabajo y en el hogar. Los primeros auxilios, la reanimación cardiopulmonar y el acceso a un DEA tienen el poder de salvar una vida. iNo todos los cursos de primeros auxilios y resucitación cardiopulmonar son iguales! Todos los programas de atención de emergencia del Utah Safety Council cumplen o superan los estándares actuales de **OSHA**, así como las pautas actuales de **CPR y DEA**. Con los programas de educación para el hogar y la comunidad del Utah Safety Council, ofrecemos a las comunidades de Utah el conocimiento y la experiencia para prevenir las lesiones comunes que ocurren fuera del lugar de trabajo. iCon estos recursos, puede llevarse la seguridad a casa y mientras viaja! También ofrecemos a todos una inspección de asientos de seguridad para niños como pasajeros para que podamos mantener a nuestros niños seguros en los vehículos en movimiento.

En total, el Utah Safety Council capacitará a unas 13,000 personas cada año en cualquiera de nuestros programas de capacitación. Esto solo es posible gracias al increíble y dedicado equipo del Utah Safety Council. **Todos los días esperamos poder servir a Utah y crear entornos más seguros donde todos vivimos y trabajamos. Pero no podemos mantener a Utah salvo por nosotros mismos. Nadie puede hacerlo solo.**



For those who DON'T Have 9 Lives, visit our <u>Safety Video</u> <u>Streaming Site</u> where there are over 50 safety videos that contain ladder safety recommendations.

Make sure you and your team always land on your feet.

**No cats were harmed or used for any type of testing for the production of this meme. **



How to Renew Expired MSHA Certifications

by Megan Spackman, Mining and Refinery Safety Program Manager

Because of the uncertainty over the past year, many people were unable to renew their MSHA Certification. This leaves some people wondering, "How do I renew my certification if it's expired?" There are a few factors that affect the answer:

For certifications that expired BEFORE the COVID-19 pandemic but still less than Five years ago, and you are an Experienced Miner (New Miner training has been completed, you have already had at least one Annual Refresher, and you have accumulated at least one year of experience in your profession), you will need an Experienced Miner course and we also suggest completing an Annual Refresher. In this instance, you can receive Experienced Miner training from a competent person in your company. You can view the full list of required topics for an Experienced Miner course in the Part 46 Reference Guide, on page 60, item number 85. The Annual Refresher still needs to be completed by a certified instructor.

For Experienced Miners whose certification expired more than Five years ago, you will also need an Experienced Miner class, but it must be completed by a certified instructor and we also suggest taking an Annual Refresher. The Utah Safety Council offers Experienced Miner training by request.

For certifications expiring during the COVID-19 pandemic, MSHA has granted a training extension. This extension allows miners to continue to work and the due dates for recertification has been "extended by at least the time the government is operating under the President's emergency declaration," (https://www.msha.gov/coronavirus). This extension DOES NOT apply to New Miner training, only to miners needing Annual Refreshers. Under this extension, miners will only need to receive Annual Refresher training to be re-certified.



Keep in mind that even with this extension, it is still recommended to complete your Annual Refresher every year. Your certification is not just a piece of paper that allows you to go on the mine site – it is the validation and record you have taken the required 8-hour safety training course discussing what has changed in the industry in the past year, what we have learned from the mistakes of others, and how you can keep yourself and your colleagues safe on the job site. With the approval of MSHA, the Utah Safety Council has continued to offer training over the past year in a web-based, interactive format. Please visit our website to see a full schedule and register, or email msha@utahsafetycouncil.org for more information.

Safety Violation!

Do these images make you cringe? Can you identify exactly what's wrong, why, and how to fix it? Let us know what the "Safety Violation" is in this image (bonus points for "Regulatory References") and win. For this image, the submission identifying the MOST violations wins! Winners will receive a prize from the Utah Safety Council.

Email your response to safety@utahsafetycouncil.org and put SAFETY VIOLATION! In the subject line to enter. Entries must be received by the last day of the month and **the winner will be announced in Safety Notes.**





CPR Quick Tip

by Kenzee Logue, Emergency Care Manager

Cardiac Emergencies are the leading cause of death in America, with roughly 1.26 million deaths. 80% of cardiac emergencies happen outside of the hospital and 20% happen in the workplace.

According to the National Safety Council, the current survival rate for sudden cardiac arrest is less than 7%. You can dramatically improve those odds with training that prepares you to respond to choking, breathing and cardiac emergencies. Watch how quickly this can happen HERE.

Here are some quick tips on how to provide efficient CPR:

- 1. Think of the Bee Gee's song, "Stayin' Alive." It has the perfect rhythm and beat for preforming CPR. Hum along to it while performing CPR, and you're halfway there.
- 2. Make sure when you're pressing on the chest, press down, and allow it to come ALL the way back up for full recoil.
- 3. Perform 30 chest compressions for every two breaths.

To learn more about providing efficient CPR, and First Aid, come to our First Aid, CPR and AED Training Course offered monthly, so use your FREE member benefit and get certified! Go to HERE to Register or call: 801.746.SAFE (7233).

Annual Safety Awards

We are seeking award nominations for the listed categories:

- Harold R. Everitt Life Saver Award
- The Robert F. Parenti Individual Achievement in Safety
- · Professional Driver of the Year Award
- Award of Honor
- Million Hours Award
- Perfect Record Award
- Awards of Merit and Honor
- Seat Belt Award

The nomination award forms are available on our website at utahsafetycouncil.org. If you would like forms mailed out to your organization, please reach out us at safety@ utahsafetycouncil.org or call Lisa Christofferson at 801-746-7233 ext 302. The deadline for awards nominations is June 30, 2021.

You can submit your award nomination forms via email to awards@utahsafetycouncil.org with "2021 award nomination" in the subject line. You may also mail us the nomination form to:

Utah Safety Council 1574 W 1700 S SLC, UT 84104

Be Prepared

Are you prepared with a first aid kit?

If you have one is everything in it current and ready to go?

Basic First Aid Kit Member \$35 Non-member \$50



Deluxe First Aid Kit Member \$60

Non-member \$85

As the warm months approach, many will enjoy spending their time outdoors, and possibly further away from medical care. Consider purchasing a First Aid Kit from the Utah Safety Council.

For more information, or to purchase a kit visit our website or view:

> Basic First Aid Kit HERE Deluxe First Aid Kit HERE



Donna Carter, Hudson Printing - 2020 Robert F. Parenti, Individual Achievement in Safety Award Winner

Click **HERE** to Register for the virtual Annual Meeting & Awards ceremony.

Date	June / July Courses	Member	Non-Member
June 1	Contractor Safety Orientation (UITC)	\$75	\$75
June 1	Start With Safety, Live Web-Based 60 Minutes - 10:00 AM	FREE*	FREE*
June 2-4	MSHA 24-Hr Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$275	\$275
June 2	MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners	\$75	\$75
June 2-5	MSHA 32-Hour Training for New/Inexperienced Underground Miners	\$375	\$375
June 5	MSHA - Introduction to Work Environment	FREE*	\$25
June 7	MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners	\$75	\$75
June 7	Safety Management Systems: Strategies for Business	FREE*	\$160
June 8	Basic Orientation Plus	\$75 \$407	\$90
June 9-11	First Aid, CPR and AED Instructor Course	\$497	\$710
June 9 June 10	Forklift Operator Course	\$225 \$140	\$225 \$200
June 11	Machine Guarding: OSHA Compliance Series	\$140	\$160
June 14	MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners	\$75	\$75
June 15	Contractor Safety Orientation (UITC)	\$75 \$75	\$75 \$75
June 16	Women in Safety Webinar - Free - Virtual Event/Zoom Meeting	FREE*	FREE*
June 17	First Aid, CPR and AED Training	FREE*	\$110
June 21	MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners 🛄	\$75	\$75
June 22	Basic Orientation Plus	\$75	\$90
June 22-25	Principles of Occupational Safety & Health 💽	\$1,200	\$1,715
June 23-25	MSHA 24-Hr Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$275	\$275
June 25	Confined Space: OSHA Compliance Series 💽	\$112	\$160
June 26	MSHA - Introduction to Work Environment	FREE*	\$25
June 28	MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners	\$75	\$75
June 29	Contractor Safety Orientation (UITC)	\$75	\$75
June 30	Hazard Communication 💽	\$112	\$160
July 1	Start With Safety, Live Web-Based 60 Minutes - 10:00 AM	FREE*	FREE*
July 1	Safety Exit Routes, Emergency Action Plans and Fire Prevention Plans: OSHA Compliance Series	\$ 🔼 \$112	\$160
July 6	Basic Orientation Plus	\$75	\$90
July 7-8	MSHA 16-Hr Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$175	\$175
July 7-10	MSHA 24-Hr Training for New/Inexperienced Metal/Non-Metal Surface Miners	\$275	\$275
July 9	Qualified Signal/Rigger Course 🗔	\$203	\$290
July 12	MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners	\$75	\$75
July 13	Contractor Safety Orientation (UITC)	\$75	\$75
July 14	Lockout/Tagout: OSHA Compliance Series 🗔	\$112	\$160
July 15	First Aid, CPR and AED Training		\$100
		FREE*	
July 15	NFPA 70E Course	\$175	\$250
July 16	Recordkeeping: OSHA Compliance Series	\$112	\$160
July 19	MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners	\$75	\$75
	🛄 Interactive, Live, Web-Based Course Option Available		