

20
22

Utah Safety
Conference
& Expo



MEMBERSHIP MINUTE

Brandee Crockett Vice President of
Operations

The Women in Safety session during the Utah Safety Conference & Expo did not disappoint! Amy Donaldson & Sheryl Worsley, of KSL Podcasting, presented on Sexual Assault: Understanding Trauma Responses and the Challenges of the Criminal Justice System. Both presenters were able to give each participant tools to aid any victim of sexual assault. The best part of this session was the amount of interaction that everyone had, especially considering this was an all-virtual event. Sensitive topics can be very difficult to discuss, but our presenters' shared experiences and tips in a very helpful and professional manner.

We are so thankful they were able to join us for this wonderful event! Thanks to all those conference participants that logged in for the final session of Day 1!

Utah Safety Conference & Expo Recap

by John Wojciechowski, President

The **6th Annual Utah Safety Conference & Expo** was presented in a virtual format on March 30th & 31st, 2022. Over the course of the 2-day conference, we had 4 amazing keynote presentations and 24 breakout sessions. We are all looking forward to a live and in-person safety conference in 2023, but the virtual platform does offer us the flexibility to recruit speakers and attendees from across the country. With over 300 conference attendees, Utah's safety professionals' industry was well represented, but we did have several attendees who participated in the conference from outside Utah's borders. We look forward to hosting those attendees again in 2023 as we plan a hybrid conference - stay tuned for details to come. Every year the Utah Safety Conference draws Utah's largest and most diversified group of safety professionals in the state. We were fortunate to host attendees in 2022 from government, transportation, construction, manufacturing, healthcare, education, mining, and oil & gas. We want to thank all the attendees for their engagement at the conference this year and for your trust in us to deliver Utah's largest safety conference.

To highlight our line-up of speaker presentations in 2022, we enjoyed leadership themed keynote presentations from **Jack Jackson** and **Danny Smith** from SafeStart. Both Jack and Danny are veterans of Utah's safety conference and always knock it out of the park with their energy and expertise. We were also very fortunate to have had the whole investigative journalism team from **KSL News** deliver presentations to us this year. **Dave Cawley**, KSL's host, and creator of the podcast "Cold," offered us some insight on how to collect data and conduct a thorough and accurate investigation. During the **Women in Safety** event at the conference, **Amy Donaldson** and **Sheryl Worsley** from KSL presented us with some staggering information from their presentation on sexual assault and the challenges of the criminal justice system. We look forward to having the KSL team back to present again.

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Membership Benefits

- Streaming Safety Videos
- Safety Media Library
- Members Only Website
- NETS Membership
- OSHA 10-Hour Training
- First Aid, CPR and AED Course
- Member Appreciation Events
- Start With Safety
- Discounts on Occupational Safety Training
- Health & Safety Fair Participation
- Family Safety & Health Magazine
- Monthly Publications and Email Updates
- Membership Recognition on Website
- Exclusive Discounts on Safety Products
- Safety Consulting
- Safety Management Systems for Business Course

Utah Safety Conference & Expo Recap

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After the 24 break sessions on safety topics ranging from distracted driving, medical cannabis, safety culture & training, employment law and real-world safety solutions, we were treated to the final keynote presentation of the conference from **Pastor Corey Hodges**. Pastor Corey is an advisor to the Utah Jazz and in his presentation, went through the six types of leaders and what they produce in organizations. All the conference presentations were first-class this year. If you missed any of them, we invite you back to the 2022 Utah Safety Conference website where you can experience all of them again for the next 90 days.

I also want to take the opportunity to extend our gratitude and say **'Thank you'** to our **conference sponsors**. The Utah Safety Council is very fortunate to have the kind of support we do from the great companies and organizations who step-up every year and help us produce the safety conference. Without their financial support, we would not be able to do what we do. We are here to save lives and integrate safety into every nook, cranny and corner of Utah's population and workplaces.

Thank you all for the support, together we are doing work that matters.

 

6th Annual Crazy Pants Golf Tournament

June 24, 2022
Top Golf - Midvale
\$150 Single Golfer | \$500 Foursome

Sponsorships Available
For more information, please contact Brandee Crockett at 801.746.SAFE (7233) or bcrockett@utahsafetycouncil.org

Go to UTAHSAFETYCOUNCIL.ORG to Register Today!

Drive Truck Smart, Not Semi-Stupid!

by Lora Brown, Accounting Manager

One of the perks of working for the Utah Safety Council is our ability to attend the Utah Safety Conference & Expo each year. This year, I was able to moderate a few sessions and learned so much!

The first session for me was “Drive Truck Smart, Not Semi-Stupid!” Natalie Lovell was an awesome presenter with tons of information – like did you know that each year professional truck drivers go over \$400 Billion miles each year? What was more eye-opening for me was what a truck driver can see from inside their cabs. I knew there were blind spots, but they are much more extensive than I imagined. Reminded me of the space we need to give those guys to not only see but react to traffic around them. Next, I was able to join “Utah Medical Cannabis Program Basics”, presented by Rich Oborn – very educational! He covered the application process, legal dosage forms, product labeling, medical cannabis pharmacy locations and standards as well as how cannabis purchased outside of Utah is handled. He also discussed the upcoming changes to the medical cannabis program. I learned about the difference between CBD (hemp-based products) compared to THC products. As of March 2022, there were 872 Qualified Medical Providers and approximately 45,000 active medical cannabis cardholders (of those a 70% renewal rate). There is a lot to be aware of as an employer and this was a lot of basic information about the program within the State of Utah and some of what employers can and cannot do.



The second day I learned little more about traffic safety by attending “Traffic Signals – How the Data Works” – this session hosted by the engineer who manages the operations and maintenance of the 1,315 traffic signals we have statewide. Did you know that the traffic is controlled by radar at many lights? How little I knew about what the state can track and calculate. Not nearly as simple as having some kind of line underneath a road surface, those have been obsolete for many years. Lots to learn here that will help with frustrations I used to experience because of my lack of knowledge of how things really do work. The last session I moderated was “See, I Told You Newton Was Right”. This session was very direct and to the point on what happens during motor vehicle accidents and brought to life for me what a terrible accident for someone in my family must have been like. Believe me, you will walk away from this one reminding everyone you know to wear their seatbelt. It hits home.

Overall, I really enjoyed our conference this year and hope that many of you will join us next year as we re-engage with an in-person event. We are so excited to learn and share with you the vast knowledge from so many professionals nation-wide as we come together to Keep Safety First!



UTAH Safety COUNCIL

NEW COURSE

Occupational Safety Essentials

Outlining the framework for anyone in a Safety Management position.

Upcoming Dates: June 8, July 8, August 10

Offered in-person and web-based. [Click here to register](#)

Solving Present & Future Hiring Needs with DEI

by Brandee Crockett, Vice President of Operations



The Utah Safety Conference & Expo is one of my favorite events each year! Even though we have hosted this event virtually that last two years, it has continued to amaze me how much support we received from our members and sponsors. In addition to the amazing keynote speakers I was able to introduce, I had the opportunity to assist with some of the breakout sessions. One of the highlights for me was the session on Solving Your Present & Future Hiring Needs with Diversity, Equity, and Inclusion. Ross Romero, Inclusion Strategies, is a former legislator who is passionate about the need for a diverse workforce. He gave the participants some statistics on Utah's changing demographics and highlighted some tools that employers can use to keep pace with those changes and continue to be a fair and equal opportunity employer in the state. My favorite art of this presentation was the number of local resources he shared for employers to become

aware of the need for a diverse workforce and how to actually act on that information.

I also enjoyed the session Alexandra Sandvick of Avalon Healthcare Management presented entitled Employment Law 101. As employers, there are so many rules and regulations to remember and become versed in. The thought of knowing everything can become overwhelming very quickly. Mrs. Sandvick did a wonderful job of highlighting some of the biggest safety and human resources concerns that every employer faces. She also gave some great tips and resources to take the discussion further at their workplace. It was a great breakout session, and we appreciate her time!

I loved experiencing the engagement across both days of the conference and I look forward to another successful event in 2023!

Heroin, Pills, It All Kills. Naloxone Saves – Get It

by Aimee Figueroa, Office Manager

The 2022 Utah Safety Council Conference was a fan favorite for me personally. With this being our second virtual conference and having the tech experience due to our pandemic world, a virtual conference was everything except intimidating. With over a dozen sessions a day, choosing a personal favorite session was the difficult task for the event. However, Dr. Jennifer Plumb's session entitled "Heroin, Pills, It All Kills. Naloxone Saves – Get It" receives my vote for favorite. Dr. Plumb not only discussed the importance of Naloxone, but also discussed the importance of why we as members of the community should become more aware of the dangers communities are facing with the issue of narcotics and opioids. Dr. Plumb also brought awareness about prescribed opioids in the state of Utah explaining that ten adults a week die from an overdose, four of those deaths being from prescription opioids specifically. She went into further detail to explain how Naloxone can help those who are between life and death. Unfortunately Dr. Plumb's session was only available for its allowed time slot in the conference, so those who missed this session do not have the opportunity to rewatch. However, if anyone is interested in learning more about the topic of Naloxone, or why we should have Naloxone available in our homes and workspace feel free to visit Utah Naloxone's website. Their website offers training resources, information on opioid overdoses, and offers important information on being a resource for those who need it. <http://www.utahnaloxone.org/>. I can not express my gratitude enough to Dr. Plumb and her team for a great session as it changed my perspective and taught me valuable information.



Safety Culture

by Megan Spackman, Occupational/MSHA Program Manager

How's your safety culture? When you suggest a new safety project or training, is it met with support or eye rolls? The biggest challenge a safety professional will face is a bad safety culture. Every suggestion is met with resistance. Every budget request is countered. This topic was the focus in many sessions during the Utah Safety Council's Annual Safety Conference.

Here are a few key takeaways:

- Blame fixes nothing. If when completing a root cause analysis of an accident, the cause is determined to be the employee – start again. It's easy to blame the employee when something goes wrong, but unless the person in question has an unusual desire to harm others or themselves, chances are it's not their fault. Look at the training conducted, the culture encouraged, the policies in place, or the equipment provided.
- Investing in safety is investing in your team. When your employees feel valued, retention goes up and productivity can also be improved. Happy employees are better ambassadors for your company. If you make your employees your first priority, your customers will be taken care of also.
- Error is normal. The rate of error will depend on the task, the person, the training, and the equipment in use. But if we can accept that errors will happen and that they aren't the fault of the employee, we can make processes easier to understand and follow, and put in place safety processes and equipment to prevent injury when an error is made. Looking at the car industry – it is assumed that the driver will make a mistake, and so they load the car with safety features to keep the passengers safe when that error occurs.
- Safety starts with leadership. Engaged employees are 62% less likely to get injured per a Gallop poll. Knowing that they are valued and that their opinions matter encourages employees to be more involved with the safety and success of the organization. They are more likely to speak up regarding safety issues and less likely to cut corners that could cause accidents.



Though creating a good safety culture in your organization takes a lot of work – keeping up on it constantly – and a lot of time – years – it's worth it and the value will be seen in every area of the work you do. When employees are satisfied and taken care of, they will return the favor by taking care of your customers.



Utah Safety Council's
ANNUAL SAFETY AWARDS
 Celebrate with us on August 12, 2022
 In-person at Rice-Eccles Stadium Field Club
 1:00 pm – 4:00 pm

Awards Due June 30, 2022 | [Click here to view all the award applications](#)

New Staff Bios

Annabel Detering, Program Administrator

Annabel is from Seattle, Washington. She graduated with her MA in Instructional Technology and Learning Science from Utah State University in 2020. She is passionate about leveraging technology to create innovative, accessible, and ground-breaking educational experiences and opportunities for diverse populations.

Annabel has a wide variety of experience working in both educational and professional settings to design, develop, and implement curriculum in both classroom and digital formats. She loves strange animals, exotic plants, and unique or extreme occurrences in nature and owns a pet tarantula. She is very excited to join the team.



Brandon Stone, Emergency Care Program Manager

I spent time studying at Weber State and Utah State but did not find a career path that fit during that time. Then I was introduced to the Fire Service and knew I had found my path. I enjoyed a 15-year career in the Fire Service with the North Davis Fire District, retiring as a captain when an injury made it not possible for me to do the job.

I transitioned into occupational safety having the unique and amazing opportunity to work as the Safety and Security Director at Rocky Mountain Raceways for the final two years it was in operation. I had another great opportunity to manage the Safety Program for a commercial and residential solar company that was involved in some groundbreaking projects, and it was rewarding to be part of a company that was making a difference. On a personal note, I am a hiker, love being in the woods, and am an avid heavy metal enthusiast. I am excited to join the team at the Utah Safety Council and look forward to being an advocate of its mission to save lives by promoting safety and health.

Mike Stone, Traffic Safety Program Manager

Michael Stone is a Weber State University graduate, graduating with a bachelor's degree in Criminal Justice. Prior to working at the Utah Safety Council Michael worked for Northwestern Mutual as a Financial Advisor and for the Young Automotive Group as a detail manager. Michael is committed to continuing to educate himself, develop skills, as well as gain knowledge and experience. Michael believes that education is an important part of life and thrives to educate those around him for the betterment of the community. Michael is excited for the opportunity to work with the Utah Safety Council and is looking forward to helping those around him.



New Staff Bios

Dalila Camelo, Program Administrator

Hi, my name is Dalila, I am a Program Administrator here at the USC.

I am originally from Brazil! I moved here to Salt Lake City when I was in third grade, and recently had the opportunity to live and teach English there during the quarantine.

Since my return I've adopted two labradors: Toby and Zari. When I am not taking them on adventures (hikes, lakes, parks), I am playing video games, listening to audiobooks, or prison podcasts.

I am excited to join such a wonderful team and meet you all in person!



Hannah Foust, Program Administrator

After earning a bachelor of social work degree in 2017, Hannah Foust entered a highly selective national service corps of recent graduates who teach for two years in under-resourced public schools. Her passion for business management was spurred by this two-year commitment to Teach for America. In December of 2021, Hannah accomplished her goal of obtaining her MBA with a concentration in nonprofit management.

Most recently, Hannah served as a Program Coordinator for the AmeriCorps Education Initiative of Utah (AEIOU). Her responsibilities included program management, growth, and performance. She was the recipient of the AmeriCorps Superior Service Award, highlighting her ability to meet school and community needs while implementing a successful, goal-oriented program.

Hannah grew up in both Carolinas but calls Charlotte her home. While teaching in Dallas, Hannah visited friends in Utah and fell in love with the mountains. In her spare time, Hannah enjoys being outdoors with her mini Goldendoodle and a good book. She is excited about her new position with the USC and about building relationships with members.

Date	June / July Courses	Member	Non-Member
June 1-2	OSHA 3115: Fall Protection	\$705	\$705
June 1	Start With Safety, Live Web-Based 60 Minutes - 10:00 AM 	FREE*	FREE*
June 1	MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners 	\$75	\$75
June 1-3	MSHA 24-Hr New/Inexperienced Metal/Non-Metal Surface Miners 	\$275	\$275
June 4	MSHA - Introduction to Work Environment	FREE*	\$25
June 6	MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners 	\$75	\$75
June 6	Personal Protective Equipment: OSHA Compliance Series 	\$112	\$160
June 7	Basic Orientation Plus	\$75	\$90
June 7-10	Principles of Occupational Safety & Health 	\$1,200	\$1,715
June 8	Occupational Safety Essentials 	FREE*	\$150
June 13	MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners 	\$75	\$75
June 13	Forklift Trainer Certification Course 	\$560	\$800
June 14	Team Safety 	\$252	\$360
June 14	First Aid, CPR & AED Training	FREE*	\$110
June 15	Risk Management 	\$112	\$160
June 15-17	MSHA 24-Hr New/Inexperienced Metal/Non-Metal Surface Miners 	\$275	\$275
June 15-18	MSHA 32-Hr New/Inexperienced Underground Miners 	\$375	\$375
June 16	Lockout/Tagout: OSHA Compliance Series 	\$112	\$160
June 18	MSHA - Introduction to Work Environment	FREE*	\$25
June 18	Basic Life Support Training	\$120	\$120
June 21	Basic Orientation Plus	\$75	\$90
June 21-23	First Aid, CPR & AED Instructor Course	\$497	\$710
June 22	MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners 	\$75	\$75
June 22-23	OSHA 10-Hr General Industry	FREE*	\$140
June 24	Crazy Pants Golf Tournament	\$150	\$500
June 27	MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners 	\$75	\$75
June 28	Contractor Safety Orientation (UITC)	\$75	\$75
June 29	Exit Routes, Emergency Exit Plans and Fire Prevention Plans: OSHA Compliance Series 	\$112	\$160
June 29	Electrical Safety: OSHA Compliance Series 	\$112	\$160
June 30	Fire Extinguisher Training	\$45	\$45
July 1	Start With Safety, Live Web-Based 60 Minutes - 10:00 AM 	FREE*	FREE*
July 5	Basic Orientation Plus	\$75	\$90
July 6-8	MSHA 24-Hr New/Inexperienced Metal/Non-Metal Surface Miners 	\$275	\$275
July 6	MSHA 8-Hr Annual Refresher for Metal/Non-Metal Surface Miners 	\$75	\$75
July 7	Qualified Signal/Rigger Course	\$203	\$290
July 8	Occupational Safety Essentials 	FREE*	\$150
July 9	MSHA - Introduction to Work Environment	FREE*	\$25

 Interactive, Live, Web-Based Course Option Available

For more information on FREE* (and discounted) courses as Membership Benefits, visit our website and select Membership. Membership Services - Categories & Benefits.



MEMBERSHIP Services

Our membership program will help you strengthen your understanding of the safety and health issues you face every day.

OCCUPATIONAL Safety

Training from the Utah Safety Council can help you mitigate risks and gain the skills needed to integrate safety into your workplace.

TRAFFIC Safety

These programs offered by the Utah Safety Council offer practical strategies to reduce collision-related injuries and fatalities on Utah roadways.

EMERGENCY CARE Safety

How your employees react before emergency medical services arrive could make the difference between life and death.

HOME & COMMUNITY Safety

Keeping you safe at home, at play and on the go.

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